Dear Community Members,

On the 14th November 2013, the Health Service’s Annual General Meeting was held at the Timboon Hospital. Board Members, Staff, Community Members and Consumers attended the meeting and helped to celebrate the achievements of the Health Service over the past year.

Of particular note for the year, was our achieving of Health Service Accreditation under the new National Health Standards, the completion of the Men’s Shed, and extensions to the Timboon Medical Clinic, and our continued growth in services, especially to young families and the senior members of the community.

At the AGM we celebrated the service awards for staff. In particular, Corry Kerr, 35 years and Vickie Stevens and Lesley Henriksen, 10 years. We again congratulated Ms Barbara Fraser and Ms Claire Levy for the authoring of our Hospital’s history.

Annual Appeal Launched

At the Annual Meeting we launched the 2013/2014 Hospital Appeal. This year it is our aim to provide air-conditioning to our hospital rooms, theatre, and the consulting rooms in the old hospital wing. The cost for the reverse cycle air-conditioning will be approximately $140,000.00.

The provision of cooling in particular, is in direct response to patient and community feedback, with regard to the warmer summers, and there currently being no cooling in these areas.

We look to the community to assist us in the project, which will provide greater comfort to all who use the service.

Thank you to all members of the community for your continued support.

Wayne Weaire
Chief Executive Officer

Dr. Andrea Hedgland and her family are departing the Timboon community in December to live in Warrnambool.

Andrea and her family initially spent 2 months in Timboon whilst completing a locum position at Timboon Medical Clinic in 2009.

After that period of time the family was persuaded to come back to Timboon and take up a position as a full time General Practitioner at the Timboon Medical Clinic and Timboon and District Healthcare Service at the beginning of 2010. Dr Hedgland and her family have spent the last 4 years in Timboon and have become very valued members of the community.

Dr. Hedgland said that “for family reasons we are moving, it was a difficult and sad decision. I have enjoyed my time at the Timboon Medical Clinic. It is a wonderful community which has been extremely welcoming and friendly. We will all be sad to leave. With the children and Renato spending a great deal of time following extra-curricular activities in Warrnambool, we decided that we needed to move.”

Dr Hedgland officially moves at the end of December, however has agreed to work during January and continue two days per week from February whilst a new General Practitioner is recruited.

Timboon and District Healthcare Service and the community thanks Dr Hedgland and her family for their contribution to the health service and medical clinic over the past 4 years.

Wayne Weaire
Chief Executive Officer
New Staff

LEANNE CORKRAN, Youth Worker:
Leanne began with TDHS in mid-October and hails from Colac. In addition to currently studying a Masters in teaching, Leanne has a Bachelor of Community Development and currently also volunteers at a Colac primary school. Leanne has previously been employed as a youth worker with the Macedon Ranges Shire and worked with the ‘Freeza’ youth project, with community arts projects and in festival management, as well as in community kitchens. Leanne works with TDHS Mondays to Wednesdays.

LAURA JONES, Dietitian:
Laura has a Bachelor of Nutrition and Dietetics from Deakin University plus a graduate certificate in diabetes education and a background in diabetes and obesity research. She moved to the region three months ago from Melbourne to join her sheep grazier fiancé on his property, and she also works at Colac Area Health. Laura sees clients at TDHS every second Wednesday after beginning in mid-October.

KIEVA RICHARDS, Occupational Therapist:
Kieva has a Bachelor of Science (Neuroscience) from the University of Toronto, a Bachelor of Arts (Anthropology) from York University and a Masters of Science in Occupational Therapy from the University of Alberta. Kieva is a Canadian-trained OT but has been living in Australia for the past three-and-a-half years. Kieva also teaches at Deakin University’s Geelong Waterfront Campus. Kieva is passionate about helping people do the things that they want to do and sees clients at TDHS every second Monday.

Hospital Board Elections 2013/14
John Renyard - Board President
Tom Walsh - Vice President
Josh McKenzie - Treasurer

Community and Allied Health Christmas Closures
25th December 2013 - 2nd January 2014
TDHS Hospital and Urgent Care Centre will continue to operate staffed by our General Practitioners, Nurses and Nurse Practitioners.

Departures

Registered Nurse Sue-Ellen Moore departed on her maternity leave adventure at the end of October. We wish Sue-Ellen and her husband Greg all the very best for their new arrival, due late January 2014.

Achievements:

MELANIE GREEN – Quality Co-ordinator
Congratulations to Melanie who completed her Masters of Health and Human Service Management through Deakin University in October after four years of study, following on from her Bachelor of Science: Speech Pathology completed in 1995. Melanie has worked at TDHS for six years in a variety of roles, including health promotion and public relations, and was keen to undertake her Masters to provide her with the most up-to-date knowledge required for her role as the Quality Co-ordinator. Melanie wished to thank the Victorian Healthcare Association and Nursing and Allied Health Scholarship and Support Fund for the two scholarships she received which allowed her to undertake this further study.
The winner of TDHS’s raffle with the prize of a native bottlebrush painting by Lisa Kensit was Dr Andrea Hedgland. The raffle raised $202.50 for more paintings for the hospital.

Hospital Ball 2013 – A Great Success

Cobden school teacher Alison Wigg and Timboon farmer Michael Thompson were named the ‘Belle’ and ‘Beast’ of Timboon and District Healthcare Service’s “Hospital Ball 2013” recently.

They were among almost 200 people who dressed in their finest and enjoyed a great night out at the black-tie event at the Timboon District Hall, dancing to the beat of local band ‘Michelle’s Velocity’ while supporting the healthcare service.

More than $2950 was raised from the community event which will assist with the purchase of equipment for the healthcare service.

TDHS wishes to thank the following businesses for their generous donations towards the evening: Jo Jo’s, Milk & Honey, Newton’s Ridge, The Vet Group – Timboon, Timboon Distillery, Timboon Fuel, Timboon Motors and Timboon Newsagency.

Christmas Giving Tree

Community members are invited to share the joy of the festive season by taking part in Timboon and District Healthcare Service’s ‘Spirit of Christmas Community Giving Tree’.

Christmas trees in the hospital’s foyer and the Timboon Medical Clinic have special gift tags attached with the age and gender of a child, and people are invited to shop for a suitable present to donate to match that tag.

People may also choose to donate items for Christmas home hamper parcels in the collection baskets located alongside the trees.

These gifts and hampers will allow Timboon and District Healthcare Services to play “Santa’s Little Helper” and make a brighter Christmas for all families and children.

TDHS CEO Wayne Weaire said community members had in the past embraced the opportunity to “give a smile” and he was thrilled to see the Christmas giving tree return again this year.

“As a very close-knit community we are pleased that we can think of each other at this special time of year and help to bring joy to people of all ages – through both the giving and the receiving,” he said.

It is asked that all gifts and hamper items be received by Wednesday, December 18.

Morning Tea for TDHS Volunteers

Conference Room
19th December, 11am
Community Noticeboard

Friendlies Vision Impaired Support

The support group for the vision impaired will have its Christmas break-up BBQ (and last gathering for December) at 83 Curdievale Road on Wednesday December 11. Group resumes at TDHS on Wednesday, January 22, then returning to the usual 2nd and 4th Wednesday of the month schedule.

Swimming Car To Aquazone

AQUA AEROBICS, SWIM or GYM on MONDAYS
Car Departs for Aquazone 9.00 am sharp from Timboon Bowling Club carpark (Fox St) Return to Timboon approx 12.30 Cost - Aquazone Pool Charges
Bookings Essential on 5558 6000

Timboon Men's Shed

Last Men's Shed session for the year on Thursday, December 19 (9.30am-12.30pm). Timboon Men's Shed resumes Tuesday, January 7 (9.30am-2.30pm).

Well Women's Clinic

A nurse skilled in this area of women’s health conducts this FREE clinic:
TIMBOON: Monday-Thursday
COBDEN: Last Cobden clinic for the year is on Monday, December 9.
For appointments call 5558 6000.
* Don’t jus sit there; have a pap test every 2 years.

Timboon Osteopathic Clinic

Appointments available with Dr Bobbie French over summer on Tuesdays and Thursdays.
For appointments call Timboon Medical Clinic on 5558 6066.

Planned Activity Groups:

Timboon and Cobden planned activity groups will have their last sessions for the year on Tuesday, December 17, when a combined Christmas party will be held at Timboon and District Healthcare Service. Cobden Planned Activity Group will resume on Tuesday, January 14, while Timboon Planned Activity Group will resume in 2014 on Thursday, January 16.

TDHS Exercise Classes

Exercise classes will be as normal throughout December, ending on Friday, December 20. Classes will resume on Monday, January 20. For more information call 5558 6000.

Exercise To Music

Timboon Hall Supper Room
- Fridays from 10.00—11.30, with a cuppa in between
EVERYBODY WELCOME

Heart Foundation Walking

Every Monday from 10.30am – rail, hail or shine!
1st Monday of the month meet at the rail trail, every other Monday meet at the corner of Wark St and Hospital Rd.

New walkers very welcome!