



FACT SHEET

Smoking Cessation Clinic

The Smoking Cessation Clinic at Colac Area Health has been operating for 7 years and was the first clinic to open in Victoria.

The Smoking Cessation Clinic offers a one on one service to find the best options for you to stop smoking.

When?

The Smoking Cessation Clinic operates 2 days per week.

Who?

- The clinic is facilitated by trained Smoking Cessation specialists.
- We currently offer both inpatient and outpatient services and education to workplaces and schools.

How?

GP referrals are helpful but not essential, people can refer themselves.

Why quit smoking?

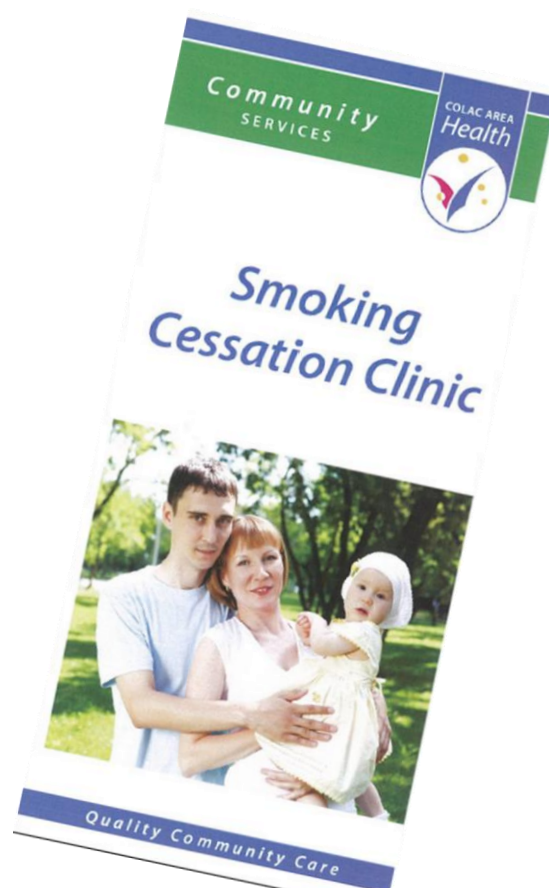
Smoking is now considered a medical condition, successful cessation achieves better health, saves you money, reduces the harm of passive smoke around your family friends and work colleagues. It is now easier than ever!

Why use the clinic?

With support and current medications it is now easier than ever to quit smoking, and the success rate is higher. We use an individual holistic approach based on your individual smoking needs.

Cost

Free



Work with us

Volunteer

Make a donation

For further information about our cessation clinic please contact, 52 32 5140 or email smokingcc@cah.vic.gov.au

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